



**LIFE CHANGERS FOUNDATION**

*-Releasing human potentials*

Registered UK Charity No: 1183790

**NEWSLETTER**



***Aim***

Helping people overcome the challenges faced in attaining practical skills that gives them the competitive advantage to secure a job, developing soft skills, identifying their passion and interest in life.

Website: <https://www.life-changers.org.uk/>

This is Life Changers Foundation Newsletter. All correspondence should be sent to the address on the last page



# Overview 2021-2022

## About Life Changers Foundation

**A**t Life Changers Foundation our primary aim is to support families in need especially those who are unemployed, offering information, advice and support which enables beneficiaries secure employment, this is done through our Employment Preparation sessions within the community, it is geared towards helping people prepare and secure employment or take up voluntary work.

We support our beneficiaries through the provision of basic food items, clothing and household essentials. Since the beginning of the pandemic and subsequent lockdowns, we have been distributing food items, clothing, toiletries and household essentials to families within the BAME communities that have been significantly affected by the pandemic, those who have lost their jobs or had their working hours reduced and are struggling financially.





# Meet the Founder

Sheri Adegbesan is a true humanitarian and Life Changers Foundation is just an extension of the many philanthropic initiatives she leads. She is a UK qualified teacher but her full time career does not hinder her aspirations to make a difference in people's lives. For her, helping others is not only something that you say that you do, but is also her lifestyle. Through Life Changers Foundation, Sheri helps women and young people mostly from Black and Asian Minority Ethnic (BAME) background to get back to education and/or work to achieve their full potential. She makes valuable impact in society by facilitating access to vocational training in Nigeria and is instrumental in coordinating medical tests, surgeries and the distribution of pharmaceutical drugs to those who cannot afford them.

Sheri played a pivotal role in leading the Covid-19 relief programmes and worked with other charities to ensure that vital supplies were provided to the most vulnerable and disadvantaged groups in London (UK), Ogun State and Lagos State Nigeria. She is a trailblazer in instigating humanitarian



programmes. Life Changers Foundation Children's Home is the newest project as she embarks on: a challenge to help as many disadvantaged children as possible to get an equal opportunity to access a good education, nutritious meals and healthcare in a safe and loving environment. Sheri is passionate about what she does, steadfast in achieving her goals and is committed to making the sacrifices necessary in changing the lives of all the children who come in contact with the Life Changers Foundation Children's Home. She is also a wife, a mother, a businesswoman with a Consultancy firm based where she resides in London, United Kingdom and a devoted Christian who uses her platforms to empower others to lead a fulfilling life.



# COVID-19 Response

There have been immeasurable challenges brought about by the Covid-19 pandemic, some of which are yet to be seen. However, one of the most significant is the fact that it had plunged many families into destitution, bringing about a humanitarian crisis that is unprecedented in peacetime. But, with every dark cloud there is a silver lining, Life Changers Foundation whose ethos is to support people in need has been the silver lining to many families left without basic amenities at the peak of the pandemic.

Based in Woolwich in Southeast London, United Kingdom, Life Changers Foundation took the bold step to respond to needs of the most vulnerable people across London, by providing food items on a weekly basis. Described as a lifeline and a truly phenomenal project, we have catered to hundreds of families by providing food supplies to underserved groups such as refugees and asylum seekers, the Black, Asian and Minority Ethnic communities, low-income earners, widows, single parent, and undocumented migrants. Our project is unique as it offers items that cater to the cultural needs of the beneficiaries, so families can still enjoy traditional meals despite the difficult times.







## EXCITING PROJECTS IN 2022



### Life Changers Foundation Children's Home

**L**ife Changers Foundation is currently building an orphanage home in Lagos Nigeria our build-site: Enukunmi Town Along Solu Alade/IgandoOrudu Road, Ibeju-Lekki Lagos Nigeria. The aim is to provide a safe and loving home for children who have been orphaned, neglected or are victims of child abuse. We will provide a family-oriented environment for

vulnerable children by offering a stable, comfortable home and education, which will provide the foundation for them to lead a fulfilling life.

### Support needed

- Financial Support
- Vehicles for Outreach
- Donation of any building materials, e.g. sand, cement, building blocks, woods, tiles, etc

## TO DONATE

### ...in the UK

Life Changers Foundation  
Bank: Natwest Bank  
Account No: 18794440  
Sort Code: 60-24-26

### ...in Nigeria

Novelty Nursery School  
Bank: Sterling Bank  
Account No: 0030771562

For mor information please contact:

**LIFE CHANGERS FOUNDATION ON:**

**Tel:** +44 (0) 203 189 1428 or

**WhatsApp:** +447402673850,

**Email:** [support@lcfch.org](mailto:support@lcfch.org)

**Website:** [www.lcfch.org](http://www.lcfch.org)

**Facebook:** @LCF.Childrens.Home

**Instagram:** @life\_changersfoundation

**Twitter:** @lcf-childrenshome





# Celebrating THE QUEENS PLATINUM JUBILEE in June 2022

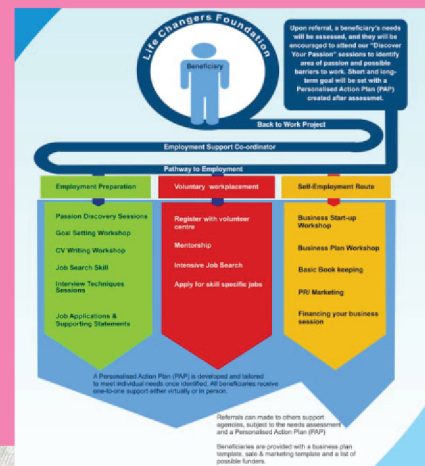
To celebrate our Queen's Platinum Jubilee this year, Life Changers Foundation will be working with young people in the Royal Borough of Greenwich to create an educative and entertaining theatre arts event linked to African culture. A play script has been written by young people which is based on an African Royalty story, the final performance will be in June 2022 (actual date to be confirmed). The aim is to engage young people in arts and culture with activities such as drama (Royalty play), colourful African dance, music, drumming and showcasing of African Attire Fashion and African cuisines in celebration of the Queen's Jubilee.





# On-going Employment Preparation Training

- Discover your passion challenge
- CV Writing Workshop
- Reviewing Job application (persons specification / job description)
- Interview Techniques
- Job Search Skills
- Goal setting (Participants get a Goal setting booklet/ journal)







# Discover *your* PASSION CHALLENGE

**O**ur 5-Day Discover Your Passion Challenge was designed to help people find out what sets their heart on fire and then create the life they truly desire.

This 5 days challenge has helped people kick start on the journey of discovering what they are TRULY passionate about and then set the foundations to begin building their life around it.

All participants were given the opportunity to go through simple actions they can take each day to help them figure out WHAT they are passionate about, as well as how to start doing it every single day.



# LCF - Clear Vision PROJECT

**A**s part of Life Changers Foundation's commitment to eradicating global poverty and vision care crisis we partner with various Monarchs, Community Leaders, NGOs, Religious Leaders, and Institutions in the treatment of patients with eye problems, distributing corrective glasses and drugs. So far, we have been able to support more than 50,000 beneficiaries across Nigeria.

We believe that clear sight does so much more than help us see clearly, it helps us perform better in school, earn more and connect more deeply with one another. Speaking after the event held at Alagbado Lagos Nigeria, Pastor Afolabi (Pastor in charge - CAC - God of Now Now), thanked Life Changers Foundation for bringing the project: "I am glad LCF was able to respond to the need of my people, more than 500 lives have been touched within this community and this will go a long way to impact the community. I want to use this opportunity to thank LCF for this humanitarian gesture."

Mrs Afenifere, a beneficiary who received free medicated glasses and eye drops also expressed her gratitude and thanked LCF for reaching out to the community. Appreciating the gesture, another beneficiary, Mr Sulaiman prayed that God will continue to bless LCF because of its humanitarian work targeted at the less privileged, amongst others. Speaking, LCF Founder, Chief Mrs Sheri Adegbesan described the initiative as awesome and the turn out phenomenal! "Today, LCF's charity event has put smiles on the faces of the people, both the old and the young.







# Continuous support

## FOR FAMILIES IN NEED

**A**s part of the efforts to ease the effects of poverty in Nigeria, Life Changers Foundation continues to distribute foodstuff to people in need in Lagos and Ogun State Nigeria. We receive several calls and What's App messages from people in different parts of Lagos and Ogun State lamenting that they are unable to provide basic food for their family. Some people go as far as sending a screen shot of their bank balance as proof of having nothing in their account to feed their family.

In response to this call and with support received from good Samaritans, Life Changers Foundation continues to provide food packages which includes garri, rice, beans, spaghetti, bread, noodles, vegetable oil, tomato paste, etc. to families in desperate need. In 2021 we supported well over 4000 household across the two states (Lagos and Ogun State).

In the UK, our day-to-day operation has transformed considerably, part from running employment preparation trainings, we now also focus our efforts post-COVID19 responses, distributing food stuff, essential hygiene products and household items to those that were affected significantly by the pandemic.

We have been privileged to work with various BAME communities with majority mainly from the African Caribbean community, although there has been an increasing demand from the Nepalese community as well. Thanks to the funding received from London Respond Fund and the National Lottery – these funds enabled us to reach more beneficiaries and extend our services to a new group of people we would ordinarily not be able to cater for.







# BE PART OF **THE VISION**

**L**ife Changers Foundation saves lives daily, helping people get back on their feet, offering free education and support to children in the most deprived areas of the community and providing free healthcare services to those who cannot afford it. So, if you are in search of a humanitarian initiative to support, please look no further – support Life Changers Foundation today and together we can bring about a significant difference in the lives of our beneficiaries.

## **Get Involved**

We are looking for people all over the world who can make that difference and help us reach out to people in need. There are lots of ways you can get involved. You could help with fundraising or out on a sponsored event with friends, organise events, sponsor a child, become a mentor and many more

You can choose how much time you want to give and decide what you would like to do to become part of Life Changers Foundation, be assured that whatever time you give, you are making that difference.






## Support our work

Life Changers Foundation's supporters are the reason we can continue making an impact in the lives of our beneficiaries. When you donate to Life Changers Foundation you show someone a kindness that encourages them and gives them hope for a better future.

## Thank you!

### **JUST IN CASE YOU'RE WONDERING...**

- 
- **£10 a month**-Provides an orphan with a great range of nutritious meals.
  - **£15 a month** – Provide all the schoolbooks that a pupil starting school will need for their first year.
  - **£30 a month** - could enable someone to benefit from a one-to-one employment preparation session.

### **Directly to the bank**

**Donate in the UK**  
Life Changers Foundation  
Bank: Natwest Bank  
Account No: 18794440  
Sort Code: 60-24-26

**Donate in Nigeria**  
C/O Novelty Nursery School  
Bank: Sterling Bank  
Account No: 0030771562

Please do not forget to use either your name as reference or any sign to indicate donation is from you, to appreciate you for your contributions. If you want to donate anonymously you can simply donate leaving the reference page blank.


To donate online please visit: <https://www.life-changers.org.uk/donation/>





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